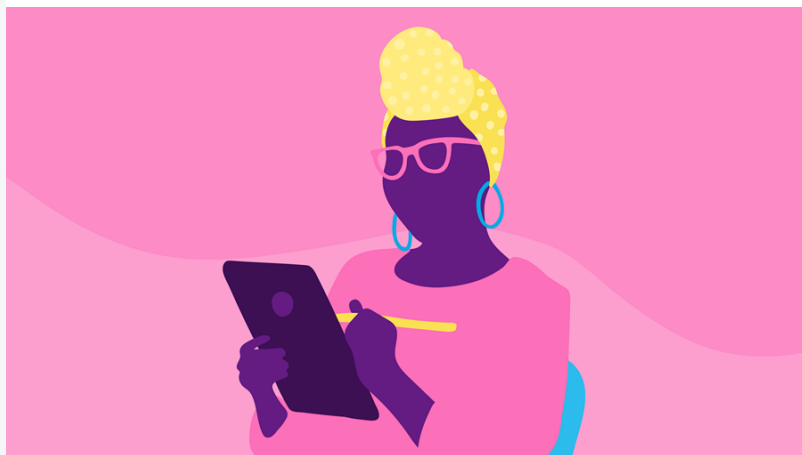


eNews April 2021

Welcome to the latest *Ahead for Business* eNewsletter, bringing together resources from the [Ahead for Business](#) digital hub with events and services from the community to support your mental health and wellbeing in small business.

Share this eNewsletter with your networks, and encourage them to [subscribe](#).



Business Wellbeing training launches Australia-wide

Everymind has launched Business Wellbeing, a free online training program for Australian small business owners.

Four 15-minute modules are available until 30 May 2021, covering the topics of mental health and wellbeing, stigma, effective communication and talking about mental health in the workplace.

Take action on your mental health and wellbeing



Staying resilient as the JobKeeper program ends

Many small businesses across Australia are experiencing more change with the end of the JobKeeper program. While it is important to be proactive about your financial situation during this period, it is also important to keep on top of your mental health and wellbeing. The *Ahead for Business* digital hub has some tips, and where to get help for financial stress and mental health.

[Visit the *Ahead for Business* digital hub](#)



What you need to know about COVID-19 vaccinations

Staying on top of the ever-changing Work Health and Safety (WHS) duties related to COVID-19 has been a huge challenge for small business owners over the past year. Safe Work Australia has produced a handy fact sheet with five things you need to know about your WHS duties now that COVID-19 vaccinations are rolling out in our communities.

[Read the Safe Work Australia fact sheet](#)

Ahead for Business holds free online wellbeing workshops every month. Identify common business stressors, create a wellbeing plan and practical strategies to grow your own wellbeing and benefit your business.

[Sign up today](#)



Assistance available after NSW floods

A range of support is available to flood-hit businesses to help them get back up and running. Special disaster grants and disaster relief loans are now available to eligible primary producers and small business.

[Read more here](#)



Local counselling for adverse circumstances

The Department of Agriculture, Water and Environment is offering support for small businesses in hardship due to drought, bushfire or COVID-19. Local counsellors can help you plan to improve your business viability.

[Find out more](#)



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